

# Get ready to choose health for 2018

Thank you for partnering with Kaiser Permanente in 2017. We look forward to helping you be your healthiest in the year ahead.

## How to get ready for 2018

Your Core Bronze HSA plan coverage continues to be available in 2018. Your coverage will renew effective Jan. 1, 2018. For details about changes to your health plan, see the enclosed letter.

## Your plan costs

You will notice an increase in your monthly premium for 2018. (See enclosed letter.) At Kaiser Permanente, we work hard to ensure our rates are competitive, while maintaining our high quality of care and service. Our mission is to make sure you receive the care you need to get and stay healthy. **Please contact us for help finding options that fit your needs.**

If anyone on your plan is 21 or younger, you'll see an additional increase. To eliminate a severe increase in rates when people turn 21, the U.S. Department of Health and Human Services directed all health plan issuers to change how a member's age affects rates. As a result, for 2018 only, rates for people younger than 21 may increase by 20.5% to 52.85%. Rate changes in years beyond 2018 will be more gradual.

## Kaiser Permanente – your care, your way

Stay connected to the Kaiser Permanente primary and specialty care teams you know and trust in 2018. Keep in mind you can:

- Choose a primary care doctor to manage your care. And you can change anytime for any reason.
- Get in-network care from Kaiser Permanente providers in any of our 8 regions in the United States. Plus you're covered for emergency care worldwide.
- Sign on to your online account to see test results, order prescriptions, and even email your doctor for non-urgent issues when you get care at Kaiser Permanente medical offices. You can also check your coverage or pay bills.


## NEXT STEPS

If you're happy with your current plan, you're set. No need to take action.

Open Enrollment for 2018 is Nov. 1, 2017 – Jan. 15, 2018. For coverage starting Jan. 1, 2018, apply by Dec. 15, 2017.

 To apply for plans:

1. Choose a health plan.  
See [kp.org/wa/if-member](http://kp.org/wa/if-member). Don't forget to check out dental plans.
2. Apply for coverage through Kaiser Permanente at [kp.org/wa/if-member](http://kp.org/wa/if-member). (If you are eligible for a subsidy, you must apply through Washington Healthplanfinder. Look for the link on our website.)

 For questions or help enrolling, call us toll free **1-800-290-8900** or TTY **711**, from 8 a.m. to 5 p.m., Monday through Friday. Or call your producer.

